

Tip of the Day

Inspire, challenge, and motivate!

Speaking tips can help every Toastmaster, from new members to experienced speakers, discover new ways to improve his or her skills. The tip of the day is delivered by a club member early in the meeting and is intended to provide the group with unique insights, inspiration, or a new way of thinking about public speaking and leadership. Delivering the Tip of the Day in a meeting is a great way to get some speaking practice in a small role while also discovering useful tips and tricks that can be applied to your longer speeches in the future.

Before the Meeting:

Find a helpful tip, ideally one that is related to public speaking, presentation, or leadership skills. There are many sources for useful speaking tips. For example, search online for “public speaking tips,” ask a friend or colleague what they do to prepare for a speech or presentation, or rely on a tactic that has worked for you in the past. Treat it as you would any other speech – craft it carefully and practice delivering it before the meeting.

During the Meeting:

When called on by the Toastmaster, come up to the lectern (or unmute) and deliver your Tip of the Day. You may want to preface the tip with an explanation of why you selected this particular topic to share with the group. The Tip of the Day is typically 1-2 minutes long.